

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

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Kevin LAMAR, et al.

Examiner:

Serial No.

GAU:

Filed: HEREWITH

For: GROUP PROGRAM FOR RESISTANCE

EXERCISE TRAINING

CERTIFICATE OF MAILING BY EXPRESS MAIL

Box PATENT APPLICATION Commissioner for Patents Washington, D.C. 20231

Sir:

The undersigned hereby certifies that the enclosed

- 1. Patent Application Transmittal;
- 2. Specification (45 pages), Claims (6 pages), and Abstract (1 page);
- 3. Drawings (4 sheets);
- 4. Declaration for Patent Application (unsigned);
- 5. Check for \$944.00
- 6. Certificate of Mailing by Express Mail; and
- 8. Return Card,

relating to the above application, were deposited as "Express Mail," Mailing Label No. EL625073552US with the United States Postal Service, addressed to Box PATENT APPLICATION, Commissioner for Patents, Washington, D.C., 20231, on this 12th day of March, 2001.

March 12, 2001

March 12, 2001

Thomas J. Osborne, Jr., Reg. No. 39,796

Attorney for Assignee

DORSEY & WHITNEY LLP

USPTO Customer No. 20686

Docket No. 10029.02

Total Pages in this Submission

(Only for new nonprovisional applications under 37 CFR 1.53(b))

TO THE ASSISTANT COMMISSIONER FOR PATENTS

Box Patent Application Washington, D.C. 20231

wasnington, D.C. 20231										
				filing under 35	U.S	.C. 111(a) ar	nd 37 C.F.R. 1.53	B(b) is a new utility patent application for		
invention	n er	ntitled	<u>:</u>							
GRO	UP :	PRO(GRAM F	OR RESISTA	NCE	EXERCISE	TRAINING			
and inv	and invented by:									
Kevii	n LA	MAI	R, Allison	M. PORTER	, and	Teresa Lynn	HARVEY			
	CONTINUATION APPLICATION, check appropriate box and supply the requisite information:									
a c	onti	nuat	ion 🗆	Divisional		Continuati	on-in-part (CIP)	of prior application No.:		
₩hich	is a									
C	onti	nuat	ion 🗆	Divisional		Continuation	on-in-part (CIP)	of prior application No.:		
Which	is a					,				
	onti	nuat	ion 🗆	Divisional		Continuation	on-in-part (CIP)	of prior application No.:		
Enclos	ed a	re:								
== <u> </u>						Applica	tion Elements			
1. 	Application Elements 1. Filing fee as calculated and transmitted as described below									
2.	X	Spe	cification	having		52	pages and i	ncluding the following:		
	a.	a. 🗵 Descriptive Title of the Invention								
	b.	X	Cross References to Related Applications (if applicable)							
	C.		Statement Regarding Federally-sponsored Research/Development (if applicable)							
	d.		Reference to Microfiche Appendix (if applicable)							
	e.	X	Background of the Invention							
	f.	X	Brief Summary of the Invention							
	g.	X	Brief Description of the Drawings (if drawings filed)							
	ḥ.	X	Detailed Description							
	i.	X	Claim(s)	Claim(s) as Classified Below						
	j.	X	Abstract of the Disclosure							

(Only for new nonprovisional applications under 37 CFR 1.53(b))

Docket No. 10029.02

Total Pages in this Submission

	Application Elements (Continued)											
3.	×	Drav	wing(s) (when necessary as prescribed by 35 USC 113)									
	a.		Formal	Number of Shee	ts							
	b.	X	Informal	Number of Shee	ts	4						
4.	X	Oatl	h or Declaration									
	a.		Newly executed (original or copy)	⊠ Ur	nexecuted	l					
	b.											
	c.		With Power of Att	orney 💃 With	out Powe	r of Attorn	еу					
	d.	DELETION OF INVENTOR(S) Signed statement attached deleting inventor(s) named in the prior application, see 37 C.F.R. 1.63(d)(2) and 1.33(b).										
<u> </u>		Incorporation By Reference (usable if Box 4b is checked) The entire disclosure of the prior application, from which a copy of the oath or declaration is supplied under Box 4b, is considered as being part of the disclosure of the accompanying application and is hereby incorporated by reference therein.										
^{''ન્} ૄે 6.		Computer Program in Microfiche (Appendix)										
57. 137.		Nucleotide and/or Amino Acid Sequence Submission (if applicable, all must be included)										
	a.	☐ Paper Copy										
	b.	☐ Computer Readable Copy (identical to computer copy)										
-4	c.	Statement Verifying Identical Paper and Computer Readable Copy										
				Accompany	ing Appli	ication Pa	arts					
8.		Assignment Papers (cover sheet & document(s))										
9.		37 CFR 3.73(B) Statement (when there is an assignee)										
10.		English Translation Document (if applicable)										
11.		Information Disclosure Statement/PTO-1449										
12.		Preliminary Amendment										
13.	×	Ackı	nowledgment post	card								
14.	<i>,</i> ⊠		tificate of Mailing									
			First Class	Express Mail (Spe	cify Label	No.): EL	.625073552US					

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Docket No. 10029.02

Total Pages in this Submission

	Accompanying Application Parts (Continued)
15.	Certified Copy of Priority Document(s) (if foreign priority is claimed)
16.	Additional Enclosures (please identify below):
bac.	Request That Application Not Be Published Pursuant To 35 U.S.C. 122(b)(2)
547. 95. 10. 10. 10.	Pursuant to 35 U.S.C. 122(b)(2), Applicant hereby requests that this patent application not be published pursuant to 35 U.S.C. 122(b)(1). Applicant hereby certifies that the invention disclosed in this application has not and will not be the subject of an application filed in another country, or under a multilateral international agreement, that requires publication of applications 18 months after filing of the application.
`~#J	Warning
b the first of the	An applicant who makes a request not to publish, but who subsequently files in a foreign country or under a multilateral international agreement specified in 35 U.S.C. 122(b)(2)(B)(i), must notify the Director of such filing not later than 45 days after the date of the filing of such foreign or international application. A failure of the applicant to provide such notice within the prescribed period shall result in the application being regarded as abandoned, unless it is shown to the satisfaction of the Director that the delay in submitting the notice was unintentional.
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Docket No. 10029.02

Total Pages in this Submission

			Fee Calculat	tion and Trai	nsmitta	ıl			
99			CLAIMS A	S FILED					
	For	#Filed	#Allowed	#Extra		Rate	Fee		
Total	Claims	33	- 20 =	13	×	\$18.00	\$234.00		
inđer	o. Claims	3	- 3 =	0	×	\$80.00	\$0.00		
M u lti	\$0.00								
1 4	BASIC FEE								
<u></u>	HER FEE (specify purpose) \$0.0								
i na la	TOTAL FILING FEE \$944.00								
 A check in the amount of \$944.00 to cover the filing fee is enclosed. ☑ The Commissioner is hereby authorized to charge and credit Deposit Account No. 04-1415 as described below. A duplicate copy of this sheet is enclosed. ☐ Charge the amount of as filing fee. ☑ Credit any overpayment. ☑ Charge any additional filing fees required under 37 C.F.R. 1.16 and 1.17. ☐ Charge the issue fee set in 37 C.F.R. 1.18 at the mailing of the Notice of Allowance, pursuant to 37 C.F.R. 1.311(b). 									
Dated	d: March 12, 2001	I				Osborne, Jr., Registratio Whitney LLP	n No. 39,796		

cc: Docket Clerk

USPTO Customer No. 20686